



46A Elm Street, Byfield, MA 01922 (978) 462-6721

Adelynrood Retreat and Conference Center COVID-19 Protocols

(Updated June 7, 2022)

The Society of the Companions of the Holy Cross is committed to the health, safety, and well-being of all our members, guests, volunteers, and staff, and volunteers who come to Adelynrood.

Just as we follow a Routine of Prayer for our spiritual well-being, we have developed a Routine of Protocols that anyone coming to Adelynrood is expected to follow. We consider these Protocols the best way for us to protect each other in these difficult and unusual times.

COVID Safety Protocols and Procedures

All Companions, Discerners, Friends of Adelynrood and guests are required to follow these protocols and will be checked upon arrival.

- Receive and follow the printed Protocol and Procedures information;
- Show proof that they have received the COVID-19 vaccine and booster shots;
- A guest who arrives without proof will not be allowed to remain on the premises.
- Sign a COVID liability waiver;
- Confirm that they took self-test for COVID within 24 hours of arriving at Adelynrood (Proof includes a dated phone photo);
- **Not come to Adelynrood if your test is positive;**
- Continue to self-test every 2-3 days after arrival (Please supply your own free test kits from your local pharmacy or COVID.gov-tests);
- Please **do not travel to Adelynrood for 10 days** if you have recently tested positive, been exposed or are experiencing COVID-like symptoms (coughing, sneezing, loss of taste or smell, fever).

Masks

When there are 35 people or more in the House the following rules will apply:

- N95 or KN95 face masks, with no nose vent, will be always worn in the House including enclosed porches except during meals;
- Masks may be removed when persons are outside;
- Alternate masks every other day;
- Store alternating masks in a bag, preferably paper, on the days the mask is not being worn.

Meals

Dining Services will be adapted to follow the social distancing guidelines as required by the number of diners;

- When there are more than 35 dining there will be staggered mealtimes;
- During lower occupancy times (less than 35 persons), masks are optional;
- Special seating will be available for those who wish to socially distance during meals;
- Guests may eat outside;
- Instructions will be given upon arrival and prior to the meals.

Chapel Services:

- Wearing mask when in the Chapel is required.
- Wine will NOT be served at Eucharist;
- Priests will place the wafer in an open hand;
- To limit numbers in the Chapel, volunteers will not be allowed to attend services until all program participants and guests are seated.

Positive COVID Test

If a person tests positive for COVID while at Adelynrood and is unable to travel safely:

- She/he will be allowed to quarantine at Adelynrood for the CDC recommended time;
- The kitchen staff will provide simple meals during the quarantine;
- The person will always be isolated from the rest of the guests and staff;
- Others present at Adelynrood, including staff, will be informed that a person has tested positive. The person's name will remain confidential.

Special Procedures for SCHC volunteers and staff:

- Make sure that bottles of hand sanitizer are full and available all over the House, outside, and in the Chapel;
- Microphones used during program plenary sessions will be wiped down with sanitizer after every speaker;
- IF necessary, please remind guests to observe these protocols.

Any questions about these protocols will be resolved by the Companion-in-Charge and the General Manager in accordance with the guidelines of the U.S. Center for Disease Control and guidelines from the Commonwealth of Massachusetts. Please note, these guidelines are subject to change.

For up-to-date information please visit www.adelynrood.org or contact our General Manager, Sarah van Gulden, at gm@adelynrood.org or (978) 462.6721 ext. 11.