

# THE ADELYNROOD SCHOOL FOR SPIRITUAL DIRECTION

A two year program for the training of lay and ordained spiritual directors.

## Adelynrood School for Spiritual Direction Registration Form for 2022-2023

### This program is only *onsite* at Adelynrood

There are often many people in our lives but few with whom we can share the depths of our spiritual journey. If you are someone who finds yourself listening to others, perhaps it is time to seek a deeper understanding of the spiritual path. Is it time to grow your skills in accompanying others along the way? Join the School for Spiritual Direction at beautiful Adelynrood to discern more about this call to holy listening. The training will be offered for one week in June and August for four sessions over two years.

**Classes will begin at 3:00 pm on a Monday** and end after lunch on Friday. Wednesday will consist of a directed quiet day to which others are invited. For this program, sessions are morning, afternoon and evening. **Program check-in 1:30 – 2:45 pm Monday**

All materials, meals, room and program fee; attendance at the *Quiet Day* and the opportunity to practice Spiritual Direction are covered in the total cost.

#### *Dates for 2022 Sessions*

##### **June 6 – 10, 2022 —Session I**

The Nature of Spiritual Companionship – Presenter: The Rev. Ken Orth, Ph.D.

##### **Aug. 8 – 12, 2022—Session II**

Supporting the Development of a Spiritual Life – Presenter: Dr. Kathleen Staudt, SCHC, Ph.D.

#### *Dates for 2023 Sessions*

##### **June 5-9, 2023—Session III**

Personality and Psychological Aspects of Spiritual Direction, the life of the Director

##### **Aug. 7-11, 2023—Session IV**

Direction of Diverse Populations

### *Requirements for Applicants*

It is essential that anyone desiring to offer spiritual direction to others be engaged in the practice with her/his own spiritual director. Ideally, applicants should have at least six months experience with direction. If you don't currently have a spiritual director, you will need to find one. Spiritual Directors International ([www.sdcompanions.org](http://www.sdcompanions.org)) has a list of spiritual companions and there may be a local list available in your parish, diocese, conference, or synod.

Applicants will submit a 3–4-page spiritual autobiography. Include the challenges you have faced, the ways in which you think you have grown, the practices that support your life in God, and your experience with Spiritual Direction. What draws you to seek training as a spiritual director? How do you see yourself using this training? Prior to the first session of the program, you are to read chapters 1-3 in Sue Pickering's *Spiritual Direction: A Practical Introduction*. (Available from Amazon.com or Bookshop.org)

## **Adelynrood Retreat and Conference Center**

A Ministry of The Society of the Companions of the Holy Cross, since 1914.

46 Elm Street, Byfield, MA 01922-2812 978-462-6721

An ideal setting located just 5 miles south of historic Newburyport, MA.

[www.Adelynrood.org](http://www.Adelynrood.org)

You may contact us via our website [www.Adeynrood.org](http://www.Adeynrood.org) if you have any questions about  
The Adelynrood School for Spiritual Direction.



# THE ADELYNROOD SCHOOL FOR SPIRITUAL DIRECTION

A two year program for the training of lay and ordained spiritual directors.

Yes,  \*confirm my reservation via e-mail notification. Allow 3 weeks for confirmation.  
Or, yes  confirm my reservation via U.S Mail. I have included a self-addressed stamped envelope.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Home, cell work?

Street: \_\_\_\_\_ \*Current Email: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

**Deposit \$120 per session. Program fee \$150. Room & board \$480. Total cost \$630 per session**

**This program is only onsite at Adelynrood**

Contact [Reservations@adelynrood.org](mailto:Reservations@adelynrood.org) or 978-462-6721 x31, if you wish to commute or are planning on sharing a room with someone **before completing this form.**

### *2022 Summer sessions (At Adelynrood)*

*Required Deposit      Enclosed*

#### **June 6 – 10, 2022 —Session I**

The Nature of Spiritual Companionship \$120 \_\_\_\_\_

#### **Aug. 8 – 12, 2022—Session II**

Supporting the Development of a Spiritual Life \$120 \_\_\_\_\_

### *Dates for 2023 Sessions (At Adelynrood)*

#### **June 5-9, 2023—Session III**

Personality and Psychological Aspects of Spiritual Direction,  
the life of the Director \$120 \_\_\_\_\_

#### **Aug. 7-11, 2023—Session IV**

Direction of Diverse Populations \$120 \_\_\_\_\_

I am including a donation to help someone else attend. Amount \_\_\_\_\_

**NOTE: Sessions may be taken in any order** **Total Enclosed** \_\_\_\_\_

**The DEPOSIT FEE MUST ACCOMPANY THIS APPLICATION**  
Make checks payable to SCHC. Mail to the address below; include your current email address.

### **Cancellation Policy**

- The deposit amount includes a \$50 processing fee per session
- For cancellation more than 21 days prior to arrival date, Refund is deposit less \$50 processing fee
- For cancellation after 21 before the arrival date, Deposit is not refunded
  - Deposit less \$50 processing fee may be transferred to another program the same year.
- There will be no refund or credit for late arrival or early departure, or meals not eaten that are part of a program package.

**EXTENDED STAY INFORMATION** — You are most welcome to inquire about arriving a day or two early, or extending your stay after our programs. Please indicate your requested arrival and departure times clearly on this registration form. \_\_\_\_\_

WE HAVE SOME LIMITED ACCOMMODATIONS FOR THOSE WITH DISABILITIES. Please tell us about your mobility challenges and specific needs. \_\_\_\_\_

FOR MEDICAL DIETARY RESTRICTIONS EXPLAIN HERE \_\_\_\_\_

Return Completed form with Deposit to:  
**Adelynrood Retreat & Conference Center, 46 Elm Street, Byfield, MA 01922-2812**